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Development Conference

Conference Theme

Coaching Youth: Meeting the Challenge, Raising our games.

Croke Park; Saturday January 14th 2012

Opening Welcome



Is cúis mhór áthais dom fáilte croíúil a chur romhaibh go léir go Páirc an Chrócaigh inniu ar an ócáid speisialta seo do gach éinne a bhfuil suim acu i gcursaí oiliúna.

As Uachtarán Cumann Lúthchleas Gael it gives me great pleasure to welcome you all to Croke Park for this year's GAA Games Development Conference.

This year's conference is entitled 'Coaching Youth: Meeting the Challenge, Raising Our Games'. For the first time our annual Games Development Conference will focus on areas related specifically to the participation in our games by the teenage player.

Ensuring that teenagers are provided with rewarding experiences within Gaelic games is key to developing a lifelong relationship with the Association, regardless of what path they take as a player, coach, administrator, match official or supporter. In addition to the provision of games, ensuring that coaches have the ability to support our players with suitable training and preparation is a key element of this years Conference. In this context, the range of presentations and the practical demonstrations that will take place will stimulate coaches and provide an example of how to plan appropriately for the needs of our Players.

Purposeful games-based training programmes, incorporating the elements of the OTú Coaching Model, form the basis of providing players, of all ability levels, with the opportunity to develop all of the capacities necessary to thrive in our games.

The OTú Model provides a central focus for this year's presentations and is the framework upon which the further development of our Coach Education programme is based. I would like to acknowledge the huge body of work that has been undertaken in this regard, and thank the Coach Education Workgroup and Coaching Ireland for this.

I would also like to thank all of the guest speakers who will present on a range of important topics which will shape, challenge and drive the future development of our games. An additional feature of this Conference is the presence of three overseas speakers – from Canada and Australia. All have a proven record in the area of teenage sport development and emphasise our commitment to sourcing speakers of world renowned. The range of speaker backgrounds is broad – coaches, teachers, current and former players – and I look forward to hearing some of these valued opinions and perspectives.

I would like to acknowledge our sponsors, Lucozade Sport, for their input into this event. This is their fourth consecutive year as sponsors of this high profile event in our Coach Education calendar. Their knowledge, experience and insights will be invaluable. I would also like to recognise the contribution from our sister Associations, Cumann Peil Gael na mBan, Cumann Camógaíochta na nGael, Cumann Liathróid Láimhe na hÉireann and Comhairle Cluichí Corr. Your ongoing contribution to this Conference has strengthened the partnerships between our Associations and proves the old adage 'Ni neart go cur le chéile' to be correct.

Finally, I would like to thank you, the delegate. Last year over 600 delegates made the journey to the Conference. Your support, participation and attendance is crucial in ensuring the success of this event and we look forward to welcoming you to Croke Park on Saturday, January 14th.

To súil agam go mbainfidh gach duine taitneamh agus tairbhe as a bheith í láthair



Criostóir Ó Cuana, Úachtarán, Cumann Lúthchleas Gael

Supporting young people's participation is vitally important to the well being of Camogie. The teenage years are a key transition from juvenile sport to adult sport. Fewer new players are attracted to the sport during the teenage years. There is also greater prevalence of drop out from sport during these years, particularly from team sports.

This year's Coaching Conference on youth presents a timely opportunity to focus on specific actions to change this. The Camogie Association is very pleased to be involved with the excellence and learning that the event promotes.

Within the broad 'youth' category, there are high performing Camogie players competing at the elite levels of the game; there are players who are very committed to their clubs who may still be developing their talent and there may be players who enjoy the game primarily for its recreational and social aspect. There may also be young referees, coaches and administrators. It is important that we cater for all.

It is crucial that coaches and clubs facilitate all to be the best they can be and to enjoy the physical and mental health benefits and the social and cultural benefits derived from sport including the fostering of team work and a positive sense of identity and place. It is our responsibility to ensure that participation in team sport is a positive and affirming experience during the uncertainty and challenges of the teenage years.

The Camogie Association is delighted to join with our fellow Gaelic sports governing bodies in promoting debate and learning on these key issues today.



It gives me great pleasure, on behalf of GAA Handball Ireland, to welcome you all to the National Games Development Coaching Conference. GAA Liathróid Láimhe na hÉireann are delighted to be involved with the conference, and commend all of those involved for their efforts in pulling it together. GAA Handball Ireland underwent a major rebrand in 2009, which has granted us a closer link with the Association, and we are proud to have become an intrinsic part of this conference.

An exciting year lies ahead of Irish Handball due to the hosting of the World Handball Championships 2012 in the Citywest International Events Arena, Dublin (11th - 20th October). The Championships will be organised and run in conjunction with the GAA, and a targeted 2000 competitors from in excess of 30 countries are estimated to participate. A major promotional drive in Schools around Ireland will continue, and many will be attending with Schools Teams for special events for the Worlds 2012. With live tv coverage, large spectator numbers, and numerous social events being held throughout the 10 days of the Championships, this is sure to be a spectacular occasion not to be missed.

We are confident that the promotion and development of handball will be enhanced at all levels in our growing handball community as a result of both the Worlds 2012 and today's Conference, and we look forward to working with the GAA to aid this development on an ongoing basis. Handball – A GAA Sport for Life.



Tony Hannon, Úaltar Ó Conchubair Uachtarán Cumann Liathróid Láimhe na hÉireann As Uachtarán of Cumann Peil Gael na mBan I welcome you all to the National Gaelic Games Development Conference today.

Our players and in particular our youth are of vital importance to the future development and growth of our Association at all levels. Our girls whether they are players, coaches, administrators or supporters are the mothers of today and tomorrow. They will have a huge influence on the games that their children, girls and boys will play now and in future years. It is imperative that administrators and coaches fully appreciate this ethos and that the value of participating in Gaelic games, in a fun and safe environment, is conveyed to our communities.

The close interaction between our clubs and schools is essential. Our clubs must strive to build up a close working relationship with our schools which provide a solid foundation for their future. There are many ways that this can be done especially through the medium of good communication such as meetings with the school principal and teachers involved in sport, provision of training equipment and footballs where possible and encouraging teachers to become involved in the workings of the club.

Our Ladies Gaelic football clubs in association with the GAA and Camogie clubs provide a focal point in communities, a place where people can meet to renew and develop friendships. We must strive to maintain and develop this integration and instil in our players the values of appreciation and respect. The benefits of involvement in a Gaelic Club provide important ingredients of developing social skills, teamwork and confidence. These qualities are most important in meeting the challenges of everyday life. Ladies Gaelic Football being a team sport provides these qualities, aided by team colleagues, family and friends

Cumann Peil Gael na mBan are delighted to be associated with this event and hope that all participants will come away from the weekend with renewed vigour and enthusiasm.



Pat Quill Uachtarán Cumann Peil Gael na mBan

With the 2011 Games Development Conference being entitled 'Coaching Youth: Meeting the Challenge, Raising Our Games', Comhairle Cluiche Corr na hÉireann, CLG are pleased to once again be involved in the Conference. GAA Rounders is particularly eager as this year's conference will be a progression from last year's conference which was focused on the coaching of our children.

All young people should receive a quality introduction to sport and it is important to focus on areas related specifically to the participation by the teenage player in our games. It is good to channel the energy of young people in a particular direction. By embracing the teenager into the family of Gaelic games it will ensure that teenagers are provided with rewarding experiences, which will foster a lifelong relationship with the Association. Sport plays a very important role in their psycho-social development. Sport introduces youths to rules and regulations and helps them to develop in ways which will benefit them immensely in later life.

GAA Rounders has a lot to offer the teenager, with opportunities to play GAA Rounders, coach, mentor, referee and even participate at committee level. It is an inclusive game and accessible to persons of all ages and abilities.

GAA Rounders is delighted to be here at the Games Development Conference to aide in our youth development and their continued involvement in sport



Joe Donoghue, President, Comhairle Cluiche Corr na hÉireann, CLG

Conference Programme

	TIME	PROGRAMME	TOPIC	SPEAKER	POSITION		
Saturday	08.30 - 09.30		Conference Registration				
	09.30 – 09.45		Opening Address	CHRISTÓIR Ó CUANA	Uachtarán CLG		
	09.45 – 10.30	Key Note 1	Coaching Youth: Meeting the Challenge, Raising our Games	JEAN CÔTÉ	Professor, School of Kinesiology and Health Studies, Queen's University, Canada		
	10.30 – 11.15	Parallel 1A	Organising Purposeful Games Based Activities	BRIAN CUTHBERT	Former Manager Cork Minor Football Team		
		Parallel 1B	This Sporting Life: Why Encouraging Positive Lifestyle Choices Off the Field Contributes to the Player on it	COLIN REGAN	GAA Alcohol and Substance Abuse Coordinator		
				CAROLINE CURRID	Performance Coach, Dublin Senior Football Team		
		Parallel 1C	Fuelling our development: The Reality Behind Hydration and Nutrition	GILES WARRINGTON	School of Health and Human Performance, DCU		
				DESSIE DOLAN	Westmeath Senior Footballer		
		Parallel 1D	Coaching Females: The Challenges and Opportunities - A Discussion Forum	EAMONN RYAN	Coach, Cork Ladies Gaelic Football Team		
				ALAN MANGAN	Coach, Westmeath Ladies Gaelic Football Team		
	11.15 – 11.45 Tea/Coffee Break						
	11.45 – 12.30	Key Note 2	A New Understanding on Player Development	MARK ROWE	Practising Family Doctor, Waterford City		
	12.30 – 13.15	Football Practical	Organising Purposeful Games Based Activities – A Practical Demonstration	EAMONN RYAN	Coach, Cork Ladies Gaelic Football Team		
	13.15 – 14.00	Hurling Practical	Organising Purposeful Games Based Activities – A Practical Demonstration	PAUDIE O'NEILL	Principal Knocklyon Primary School & Ballyboden St Endas, Dublin		
		Parallel 2A	Tools to Support Player Development: Psychological Focus	GERRY HUSSEY	Sport Psychologist, Ireland Olympic Boxing Team		
	14.00 – 14.45	Parallel 2B	Developing Coaches: A Lifelong Journey	JULIA WALSH	Former Director of the Sports Studies and Physical Education Programme, UCC		
		Parallel 2C	Aligning Club and School	VINNIE WALSH	St Colman's Community College, Claremorris		
		Parallel 2D	Team Cohesion: Success with Teenage Attitudes	GERRY FITZPATRICK	Director of Exercise and Sports Psychology, Wexford Camogie Team		
				AOIFE LANE	Waterford IT, Former Galway Camogie Player		
	14.45 – 15.30	Key Note 3	Supporting the Physical Fitness Development of Teenagers	CIAN O'NEILL	Coach Mayo Senior Football Team		
	15.30 – 16.00		Tea/Coffee Break				
	16.00 – 16.15	Key Note 4	Games Development and the Youth Player	LIAM Ó NEILL	Chair, National Coaching and Games Development Committee		
	16.15 – 17.00	Key Note 5	Coaching Youth Players: An International Perspective	DAVID PARKIN	Former Australian Rules Player & Player & Lecturer at Deakin University, Melbourne		

Conference Delegate Booking Please complete the following Delegate Application Form

Parallel Session Selection Table

Please refer to the conference programme line up and select your chosen parallel session options. It is essential this table is completed in order to complete room set up requirements.

10.30 – 11.15						
14.00 – 14.45						
Personal Details						
Name		Age				
Address						
Contact Number		Email Address				
GAA Club						
1. Which GAA code are yo Gaelic Football Handball	(Assists in completing Delegate Pack) Ladies Gaelic Football Camogie					
2. Level of Coaching Involv	ement:	County Clounty	ub 🗌 Schoo			
3. Team/Squad Currently C	coaching:					
County	Minor U. 14	U. 17	U. 16 🗌	U. 15 🗌		
Club	Minor U. 14	U. 17	U. 16 🗌	U. 15		
Post Primary School	U. 18	U. 17	U. 16	U. 15		
4. How do you plan to trav	el to the conference?	☐ Car [□ Bus □ Tra	in 🗌 Plane		
5. Will you need to park yo	our car in the conferenc	ce car park?	Yes No			
Payment Details (Please Please make cheque or postal Credit Card/Laser Card paym Please do not send cash throu Upon receipt of application, a	order payable to GAA Ga ents can be made through igh the post as the GAA ca	ames Development C the Online booking annot take responsib	system. oility for loss of/no	on-arrival of cash.		

Please post completed delegate application form to:

GAA Games Development Conference, Games Development, Croke Park, Dublin 3

GAA Games Development Conference 2011



Colin Regan



Caroline Currid



Dessie Dolan



Brian Cuthbert



Liam O'Neill



Gerry Hussey



Cian O'Neill



Giles Warrington



Dr. Jean Côté



Eamonn Ryan



Gerry Fitzpatrick



David Parkin

Conference Information

'Coaching Youth: Meeting the Challenge; Raising our Games'

The GAA Games Development Conference contains an exciting line up with added subject variety specifically targeting Coaches within an applied lifelong learning context. For the first time the Conference will focus on the needs and issues facing coaches of Youths (aged 13 – 18).

The following delegate centred improvements have been made based on a comprehensive delegate survey, which was completed after last year's conference:

- 1 day event format in Ireland's top Sports stadium
- Increased Conference programme variety
- Opportunity to view and participate in practical sessions throughout the stadium
- Internationally recognised Games
 Development experts from Canada and
 Australia
- Opportunity to meet top GAA supplier companies
- Opportunity to network with GAA coaches from all 32 Counties and 7 different countries (US, Poland, France, Belgium, England, Scotland, and Holland)
- Improved catering facilities: specially built catering village in the Cusack stand
- Improved delegate packs including Folder, Bag, Pen, Hat.

Conference Fee

The cost of attending the GAA Games Development Conference is €50.

This price includes:

- GAA Coaching Bag and Folder
- Copies of all GAA Conference Presentations Post Event
- Lunch and Refreshments throughout the day

Directions to Croke Park

Note: Arrival Point - Hogan Stand Only

Croke Park is situated in the north Dublin neighbourhood of Drumcondra and is bordered by Jones's Road to the west, Clonliffe Road to the north, St. James Avenue to the east and the Royal Canal to the south.

CAR

Delegates driving from the City Centre, follow the signs for the N1 North onto Dorset Street and Drumcondra Road. Turn right at 'The Big Tree' onto North Circular Road. Pass through two sets of traffic lights. Turn left at St Margaret's Avenue (first left after Gills Pub) to access car parking.

If travelling from the Airport / North, follow directions for the city centre. Just before the railway overpass at the end of Drumcondra Road Lower, turn left onto Clonliffe Road. At the next set of traffic lights, turn right onto Jones Road. Pass by the stadium on your left and at the traffic lights turn left onto North Circular Road. Turn left at St Margaret's Avenue (first left after turning off Jones Road) to access car parking

TRAIN

The closest railway station is Drumcondra at the intersection of Drumcondra Road (N1) and Clonliffe Road, a 5 minute walk from the stadium. This station is served by Arrow trains. The closest DART stations are Connolly and Clontarf. Connolly Station is a 15-20 minute walk and Clontarf Station a 20-25 minute walk to the stadium. The closest LUAS and Intercity Rail stop is also at Connolly Station.

BUS

From the city centre to Drumcondra Road – No 3, 11, 11a, 16, 16a, and 41. From the city centre to Ballybough Road / Clonliffe Road – No 123.

PARKING

As entry to the Conference is only through the Hogan Stand, the only parking available is in the Davin (Canal) End Car Park. This is located off the North Circular Road and accessed via St Margaret Avenue (first left after Gills Pub on the corner with Russell Street). Pedestrian access is from the car park onto Jones's Road for the main entrance to the Hogan Stand.

For more on directions to Croke Park, visit: http://www.crokepark.ie/page/directions.html

Conference Registration Process:

HOW TO BOOK YOUR PLACE?

To book a place to attend the GAA Games Development Conference, please fill out the attached conference booking form, attach payment by cheque/postal order and post it to the following address:

GAA Games Development Conference, Accounts Receivable, Croke Park, Dublin 3

Upon receipt of an application, a letter of receipt plus a conference delegate badge will be issued to you by the GAA Conference event team.

ON-LINE

In 2011, over 45% of conference delegates booked on-line. In addition to a mail option delegates can book a place to attend the GAA Games Development Conference through the following web address: www.gaa.ie

All on-line bookings are processed by credit card and are subject to processing fee as outlined. Upon receipt of an application on-line, a letter of receipt plus a conference ticket will be issued to you by the GAA Conference event team.

FURTHER INFORMATION

For further information contact

GAA Games Development Conference Croke Park, Dublin 3

Telephone: 01 836 3222 Fax: 01 865 8650

Email: gamesdevelopment@gaa.ie

Web: www.gaa.ie

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