

Longford Marathon **Entry Form** & Half Marathon 2009

Sunday 30th August 2009 - 11AM

Closing Date for Half & Full Marathon Postal Entries Friday 21st August 2009
Closing Date for Village to Village Marathon Relay is 1st August 2009

Please send your completed entry form and entry fee to :
Longford Marathon, Lower Main Street, Longford

First Name : _____ Surname : _____

Address : _____

Nationality : _____ Phone No : _____

E-Mail Add : _____ T-Shirt Size : S M L XL

Date Of Birth: ____/____/____ (DD/MM/YYYY) Male Female

Entry Fees :

Half Marathon : € 40.00 - £ 35.00stg - US\$ 65.00 (Late Entries after August 1st € 50.00 - £ 40.00stg - US\$ 80.00)

Full Marathon : € 45.00 - £ 37.50stg - US\$ 72.00 (Late Entries after August 1st € 55.00 - £ 46.0stg - US\$ 88.00)

Full Marathon Relay - Team of 4 People € 140.00 - £ 110.00stg - US\$ 190.00 Closing Date for Entries 1st August 2009

Full Marathon

Run :

Walk :

Wheelchair :

Marathon Walk starts at 9am

Half Marathon

Run :

Walk :

Wheelchair :

Marathon Relay Team

Team Name : _____

Name 1 : _____

Name 2 : _____

Name 3 : _____

Name 4 : _____

I understand that I enter the Longford Marathon/Half Marathon at my own risk and that neither the organisers nor the sponsors will be held liable for any accidents or injuries suffered or any property lost or stolen. I understand that I must be over 18 on the day of the race. All Entries are final and no refunds will be made. No transfers from full marathon to half or vice versa can be made after 1st August 2009.

Signed : _____ Date : _____



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The Course

The Longford Marathon is a flat one-lap course starting and finishing in Longford Town. The course takes you through counties Longford, Roscommon and Leitrim taking in the picturesque villages of Tarmonbarry, Rooskey and Newtown-forbes.

What They Said

We have received more complimentary letters about the Longford Marathon than any other road race in our 21 Years.

Irish Runner Magazine

Marathon Relay

Our 4 leg Village to Village Marathon Relay allows teams of up to 4 people to take part in the full marathon. The first 3 legs are approx 12Km with a final 6Km leg. Entry fee for each 4 person team for the relay is € 140.00 and entries for the relay close on 1st August 2009.

Prize Fund

Marathon

1st €1200, 2nd €700, 3rd €350, 4th, 5th and 6th €150 each.

Half - Marathon

1st €500, 2nd €300, 3rd €150, 4th, 5th and 6th €100 each.

Marathon Relay

Prizes for the first 3 Teams.

Wheelchair- Marathon

Prizes for the first three finishers.

Age Categories

Prizes for the first finisher in each category.

Marathon Course Record Bonus

€500 bonus prize for a new Marathon Course Record (Men - 2:23:22
Women 2:45:11)



*Supporting
St. Christophers*

Your entry fee includes race entry, goody bag, Longford Marathon T Shirt, Medal, Breakfast Run (Saturday 29th @ 10am), pasta party, officially measured course, First-Aid Stations, Water stations every 3 miles.

The Friendly Marathon in the Heart of Ireland

www.longfordmarathon.com - Tel: 043 49682 - e-mail : info@longfordmarathon.com